



Therapy Center for Perinatal Health and Wellness

8955 Guilford Road Suite 140
Columbia, MD 21046
Ph: (443) 542-2480
www.therapyhealthgroup.com

Pediatric

Wellness Profile

Practice Member Name (Child's Name): _____ **File:** _____

Appointment Date: _____

Parents Names: _____ Birth date: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ May we leave a message? Yes No

Cell Phone: _____ May we leave a message? Yes No

Work Phone: _____ May we leave a message? Yes No

Parent's Email: _____

May we add you to our email newsletter and calendar of events? Yes No (Your email will not be shared)

Emergency Contact Name and Phone Number: _____

Name(s) and age(s) of siblings: _____

School: _____

Sex: Male Female Non-binary

How did you hear about us? _____

Healthcare History

Has your child had previous chiropractic care? Yes No

If yes, who was your previous Chiropractor? _____
Where? _____ When? _____

Were X-rays taken in the last 6 months? Yes No

What was the primary reason for consulting that office?

- Relief Care – Symptom relief of pain or discomfort
- Corrective Care – Correcting, relieving and stabilizing spinal, joint and postural issues
- Wellness Care – Maximizing the body's ability for optimal healing and function

Do you feel the chiropractic care was effective? Yes No

Please explain: _____

Pediatrician: _____

Date and reason of last visit: _____

May we contact your family doctor regarding your care at our office if necessary? Yes No

Naturopathic Doctor: _____

Date and reason of last visit: _____

Other Specialists and Healthcare Professionals:

Name: _____

Professional Designation: _____

Date and reason of last visit: _____

Name: _____

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Date and reason of last visit: _____



Wellness Profile

Do you have a specific concern that is having you bring your child in?

- No, I'm interested in having my child's nervous system assessed to achieve optimal health.
 Yes _____

If yes, please answer the following questions:

What is child's primary area of complaint today? _____

How long have you been aware of this? _____ days _____ weeks _____ months _____ years

Where else does this pain go in your child's body? _____

How often do they experience this? daily weekly monthly comes and goes constantly

On a scale of 1 to 10 (10 being the worst), how does it feel when it's at it worst? _____

How would they describe the pain/discomfort?

Dull Achy Throbbing Stabbing Tight/Stiff Burning Sharp Other: _____

What makes it feel worse? _____

What makes it feel better? _____

Do you notice any other problems in their body when they get this pain/discomfort? _____

Do you feel their condition getting progressively worse? Yes No

Do you feel their condition can be healed? Yes No

What have you tried that *has* helped? Ice Heat Medication Massage Physical Therapy Chiropractic

Other: _____

What have you tried that *hasn't* helped? Ice Heat Medication Massage Physical Therapy Chiropractic

Other: _____

See additional *Spinal Nerve Function Form (Page 5)* to provide further detail on your *Wellness Profile*

Lifestyle Information

The human body is designed to be healthy. The primary system in the body which coordinates health and function is the nervous system. Your nervous system is surrounded and protected by the bones of the spine, called vertebrae. Physical, emotional, and chemical stresses, common to our contemporary lifestyle, can result in misalignment of the spinal column as well as damage the delicate nervous system. The result is a condition called **Vertebral Subluxation**. The remainder of the intake form addresses the possible factors which may contribute to vertebral subluxation in your spine which may be impeding your body's ability to heal.

Physical

Height: _____ Weight: _____ Are you happy with your current physical appearance and abilities? Yes No

Frequency of exercise per week: Cardio: 0 1 2 3 4 5 6 7

Weight Bearing: 0 1 2 3 4 5 6 7

Do you stretch after exercise or after other activities of poor posture? Yes Sometimes No

Hours of sleep at night: <6 7-9 10+ Do you feel refreshed upon waking? Always Sometimes Rarely

Age of mattress: _____ Do you feel your mattress is appropriate for your sleeping style? Yes No

Sleep position: Back Belly Side: Right Left Both

Number of hours spent commuting per week: 0-2 3-5 6-8 9-11 12+

Number of hours spent at a desk or computer per week: 0 1-5 6-10 11-20 21-40 41+

Number of hours spent on a smart device/tablet per week: 0 1-5 6-10 11-20 21-40 41+

Do you perform any repetitive tasks at home or at work? Yes No

Have you ever been hospitalized or had surgery? Yes No

Have you ever been in a motor vehicle accident (even if it was minor)? Yes No

If yes, what kind and when? _____

Were you evaluated and treated after each accident? Yes No

Have you had any non-vehicle accidents or falls? No Yes: _____



Birth Experience and Postnatal History

Location of Birth: Home Hospital
 If yes: Forceps Vacuum Caesarean Breech Other: _____
 Breast fed? No Yes If yes, for how long? Did _____
 Were any interventions used during delivery? No Yes – explain: _____
 Were there antibiotics given at the birth? No Yes – list: _____
 Was your child born with any signs of injury? No Yes – how often: _____
 Any concerns about birth? No Yes – list: _____

Physical Traumas

Does your child fall often Never Rarely Occasional Often
 Has your child had any hospitalizations"? Never Rarely Occasional Often
 Has your child ever broken a bone? Never Rarely Occasional Often
 Does your child play contact sports? Never Rarely Occasional Often
 Does your child eat a balanced diet with fruits and veggies..... Never Rarely Occasional Often

 Do you feel your child is developing normally for their age?..... Yes No
 Do you feel you have healthy coping strategies for life stress? Yes No

Chemical Traumas

Has your child been vaccinated? No Yes
 Any adverse reactions to vaccines?..... No Yes _____
 Does your child get annual flu shots? No Yes
 Do your child take antibiotics? No Yes How often? _____
 How many glasses of water per day:..... 0 1-3 4-6 7-9 10+
 How many glasses of caffeinated beverages per day: 0 1-3 4-6 7-9 10+
 How many glasses of cow's milk, juice, and soda per day:..... 0 1-3 4-6 7-9 10+
 Do they eat gluten?..... No Yes Trying to eliminate from diet
 Do they eat dairy?..... No Yes Trying to eliminate from diet
 Do they eat refined sugars? (white sugar, white bread, and pasta)..... No Yes Trying to eliminate from diet
 Do they eat boxed/frozen foods?..... No Yes Trying to eliminate from diet
 Do you choose organic foods? No Yes, which: Veggies Fruits Meats Grains All
 Do they consume any artificial sweeteners? (Splenda, Aspartame, Diet Soda, etc.). No Yes
 Any food/drink allergies, sensitivities, intolerances? No Yes _____
 Daily Medications? No Yes I used to for ___ years I wish I didn't
 Are they exposed to second hand smoke?..... No Yes

 Do they take a probiotic daily?..... No Yes
 Do they take Vitamin D3 daily?..... No Yes
 Do you they Omega 3 Fish Oils daily?..... No Yes
 Other supplements or homeopathics: _____
 Any other daily medication and their purpose? _____



Health History

Please check all of the boxes that may apply to your child:

- Asthma
- Respiratory Tract Infection
- Sinus Problems
- Ear Infections
- Tonsillitis
- Strep Throat
- Frequent Colds
- Croup
- Recurrent Fevers
- Eczema
- Rashes
- Allergies
- Food Sensitivities
- Digestive Problems Frequent
- Diarrhea Constipation
- Headaches/Migraines GERD/
- Reflux Craniocephaly
- Neck Pain
- Torticollis/Head Tilt Trouble
- Feeding on One Side
- Back Pain
- Growing Pains
- Scoliosis
- Colic
- TMJ
- Painful Joints
- Slow Weight Gain
- Abnormal Crawl
- Missed/Delayed Milestones
- Bed Wetting
- Sleep Problems
- Enuresis/Bladder Incontinence
- Toe Walking
- Seizures
- ADD/ADHD
- Autism/PDD
- Regression of Milestones



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Family Health

At our clinic we are not only interested in your child's health and wellness, but also health and wellness of the important people in their life. Please mention below any health conditions or concerns you have about your:

Children: _____

Spouse: _____

Mother: _____

Father: _____

Brothers/Sisters: _____

Are you seeking chiropractic care for your child today for:

- Relief Care – Symptom relief of pain or discomfort
- Corrective Care – Correcting, relieving, and stabilizing spinal, joint, and postural issues
- Wellness Care – Maximizing the body's ability for optimal healing and function of the nervous system

Do you have other concerns we should know about? _____

Goals & Consent

Our goals are to provide a detailed assessment of your child's health status and provide to you the resources for a highly engaged and healthy child whose body is functioning at its absolute peak potential. Essential to this is a healthy nervous system functioning free from interference called subluxations. You've taken an important step for your child's health through a chiropractic evaluation!

Consent to Evaluation of a Minor Child

I, _____ hereby grant permission for my child to receive a chiropractic evaluation including history, spinal scan, and examination. Any findings will be communicated before consenting to commencement of care, if appropriate.

Consenting Adult's Signature

Date

SPINAL NERVE

ORGANS & GLANDS

ASSOCIATED SYMPTOMS

The organs and glands listed below are linked to the corresponding sections of the spine and its spinal nerves.

Please indicate below any symptoms you are currently experiencing as well as any you have previously experienced.

C E R V I C A L	C1		Parotid Gland • Scalp Base of Skull • Eyes Lacrimal Gland • Sinuses Inner, Middle & Outer Ear Nose • Mouth Intracranial Blood Vessels Sympathetic Nervous System Neck Muscles • Diaphragm Shoulders • Elbows • Arms Wrists • Hands & Fingers Tonsils • Vocal Cords Esophagus • Heart Lungs • Chest • Thyroid	<table border="0"> <tr><td>CURRENT</td><td><input type="checkbox"/></td><td>Sinus & Ear Pain/Infection</td></tr> <tr><td>PREVIOUS</td><td><input type="checkbox"/></td><td>Runny Nose & Allergies</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Frequent Head Colds</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Sore Throat & Tonsilitis</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Strep Throat</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Chronic Cough & Croup</td></tr> <tr><td><input type="checkbox"/></td><td><input 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T3		Buttocks • Groin • Legs Ankles • Feet • Toes Prostate Gland • Bladder Reproductive Organs	<table border="0"> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Varicose Veins</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Leg Cramping</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Restless Legs</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Poor Circulation & Cold Feet</td></tr> </table>	<input type="checkbox"/>	<input type="checkbox"/>	Varicose Veins	<input type="checkbox"/>	<input type="checkbox"/>	Leg Cramping	<input type="checkbox"/>	<input type="checkbox"/>	Restless Legs	<input type="checkbox"/>	<input type="checkbox"/>	Poor Circulation & Cold Feet	<table border="0"> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Sciatica</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Pelvic Pain</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Knee Pain</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Ankle Pain & Sprains</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Foot Pain & Weak Arches</td></tr> </table>	<input type="checkbox"/>	<input type="checkbox"/>	Sciatica	<input type="checkbox"/>	<input type="checkbox"/>	Pelvic Pain	<input type="checkbox"/>	<input type="checkbox"/>	Knee Pain	<input type="checkbox"/>	<input type="checkbox"/>	Ankle Pain & Sprains	<input type="checkbox"/>	<input type="checkbox"/>	Foot Pain & Weak Arches																																																													
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RESPONSIBLE PARTY (IF OTHER THAN PATIENT)

First Name	MI	Last Name
Address	City	State
Work Ph.	Date of Birth	Social Security #
Employer	Address	City
	State	Zip Code

INSURANCE INFORMATION

Primary Insurance Company	Phone	Effective Date
Address	City	State
Policy Holder's Name	DOB	SSN
ID #	Group #	
Secondary Insurance Company	Phone	Effective Date
Address	City	State
Policy Holder's Name	DOB	SSN
ID #	Group #	

How did you learn about the Therapy Center for Perinatal Wellness and PT?

- I saw your sign.
 I was referred by Dr. _____
 A friend or another patient referred me.
 Yellow Pages
 Promotional Coupon
 Other: _____

It is the policy of our office that all fees are due at the time services are rendered whether by check, cash or credit card unless prior arrangements have been made. We welcome frank discussion of services and fees at the time of treatment in order to avoid any misunderstandings. We are happy to file your insurance for you, however, regardless of insurance coverage; you are responsible for payment of your account within the credit policy of this office. If fees are incurred in order to collect delinquent accounts, those fees will be the responsibility of the patient. I authorize the release of any medical/surgical information necessary to process this claim and authorize payment of medical/surgical/medical equipment benefits to be made directly to Therapy Center for Perinatal Wellness and PT. After all insurance payments have been paid I fully understand that I am responsible for the remaining balance of my account.

Signature of Patient or Responsible Party: _____ **Date:** _____

**ASSIGNMENT OF HEALTH PLAN BENEFITS AND RIGHTS
AS WELL AS AN
APPOINTMENT AND/OR DESIGNATION AS MY PERSONAL REPRESENTATIVE AND AN
ERISA/PPACA REPRESENTATIVE AND BENEFICIARY**

I understand and agree that (regardless of whatever health insurance or medical benefits I have), I am ultimately responsible to pay Therapy Center for Perinatal Wellness and PT as well as all employees, employers, representatives, and agents thereof, (hereinafter collectively referred to as "Healthcare Provider") the balance due on my account for any professional services rendered and for any supplies, tests, or medications provided.

I hereby authorize payment of, and assign my rights to, any health insurance or medical plan benefits directly to Healthcare Provider for any and all medical/healthcare services, supplies, tests, treatments, and/or medications that **have been or will be** rendered or provided; as well as designating and appointing Healthcare Provider as my beneficiary under all health insurance or medical plans which I may have benefits under.

I hereby authorize the release of any health status, conditions, symptoms or treatment information contained in your records that is needed to file and process insurance or medical plan claims, to pursue appeals on any denied or partially paid claims, for legal pursuit as to any unpaid or partially paid claims, or to pursue any other remedies necessary in connection with same.

I hereby assign directly to Healthcare Provider all rights to payment, benefits, and all other legal rights under, or pursuant to, any health plan (including, but not limited to, any ERISA governed plan/insurance contract, PPACA governed plan/insurance contract) rights that I (or my child, spouse, or dependent) may have under my/our applicable health plan(s) or health insurance policy(ies). I also hereby appoint and designate that Healthcare Provider can act on my/our behalf, as my/our Personal Representative, ERISA Representative, and PPACA Representative as to any claim determination, to request any relevant claim or plan information from the applicable health plan or insurer, to file and pursue appeals and/or legal action (including in my name and on my behalf) to obtain and/or protect benefits and/or payments that are due (or have been previously paid) to either Healthcare Provider, myself, and/or my family members as a result of services rendered by Healthcare Provider, and to pursue any and all remedies to which I/we may be entitled, including the use of legal action against the health plan, the insurer, or any administrator. I hereby also declare that Healthcare Provider is my/our beneficiary regarding my/our health plan as contemplated by both ERISA and PPACA, and that Healthcare Provider can pursue any and all rights that I/we may have under state and/or federal law regarding my/our health plan.

This assignment, appointment, and designation will remain in effect unless revoked by me in writing. *It is my intent that the effective date of this document shall relate back to include all services, supplies, test, treatments, or medications that have been previously provided by Healthcare Provider.* A photocopy or scan of this document is to be considered as valid and as enforceable as the original.

Signed this _____ day of _____, 20 ____.

X _____ (SEAL)
(patient signature)

(please print patient name)

X _____ (SEAL)
(signature of Guardian if applicable)



Payment Authorization Form

We are committed to meeting your healthcare needs and keeping your insurance and other financial arrangements as simple as possible. In order to accomplish this in a cost-effective manner for all our patients, we ask that you adhere to our practice's financial policy. By signing below, you are agreeing to its terms for the following company: Therapy Center for Perinatal Wellness and PT.

1. I am ultimately responsible for payment of charges for services I receive from this practice including those covered by my insurance. As a convenience, this practice will submit claims for reimbursement with my insurance provider; however, all payment responsibility is ultimately mine.
2. Some immediate payment may be expected at the time of service. This may include a co-pay and additional payment if this practice determines that the cost of my visit today will not be reimbursed by my insurance provider. This often happens if my deductible is not yet satisfied.
3. This practice may deny service or charge a service fee for failure to pay a co-pay at the time of service.
4. It is my responsibility to provide my current address, telephone number, email address, and insurance information at each visit.
5. I agree to provide the above practice and/or its designated payment agent with my debit/credit card or ACH information.
6. I understand that my signature and payment information will be maintained on file digitally for future use by the practice. The applicable payment card or ACH information will be truncated and "tokenized" by the payment agent in order to help maintain the security of my payment information. Card or ACH information will be obtained through a card swipe, manual entry from card, void check, or orally in person or over the phone.
7. If warranted, this practice may offer the option of paying my share of costs via an automated payment plan. I understand that I may incur some interest expense beyond my balance in exchange for this convenience. I can avoid interest charges by paying my bill immediately if required or by its due date.
8. I authorize the above practice and/or its designated payment agent to apply charges to my payment card and/or ACH account for all amounts owed to the practice for medical visits, procedures or supplies, including (i) amounts agreed as part of a payment plan, (ii) copayments, (iii) coinsurance (after application of insurance proceeds), (iv) amounts not covered by insurance and/or (v) fees (if applicable) charged by the practice for failure to keep a scheduled appointment or provide timely notice of appointment cancellation.
9. In the case of a patient balance that is not satisfied by a charge to my payment method or a payment plan, I may receive a monthly statement for any outstanding balance. I am responsible for paying this balance by its due date in order to avoid paying possible interest on the balance.
10. Transaction receipts will be maintained in the patient file or will be emailed to me if I provide and maintain a valid email address.
11. I authorize the above practice and/or its designated provider to send electronic account statements and invoices to my email address on file. I understand that it is my responsibility to maintain a current email address on file and that I will not receive a mailed copy of any electronic statement.

This authorization will remain in effect until I provide written notice of cancellation to the practice. Authorization for services already rendered cannot be cancelled or refunded. I agree to notify the practice in writing of any changes in my payment or other information.

Name as it Appears on Card/ACH Account

Email Address

Billing Address

City

State

Zip Code

Phone Number

SIGNATURE _____

DATE _____



Consent to Examination and Treatment

I hereby authorize Therapy Center for Perinatal Wellness and Physical Therapy and its licensed doctors and assistants, based on my complaints and the history I have provided, to undertake an examination and provide and evaluation and treatment plan which may include chiropractic adjustments and other tests and procedures considered therapeutically appropriate, I also wish to rely on the Therapy Center for Perinatal Wellness and Physical Therapy doctors to make those decisions about my care, based on the facts then known, that they believe are in my best interest.

The nature and purpose of the chiropractic examination and evaluation, the adjustments, and other procedures that may be recommended during the course of my care have been explained and described to my satisfaction.

I have been advised that while although the incidence of complications associated with chiropractic services, physical therapy, and other forms of treatment rendered is extremely low, anyone undergoing any kind of procedure should know of rare possible complications which may be encountered during the course of care. These include, but are not limited to fractures, disk injuries, dislocations, sprains, and those which related to aberrations unknown or reasonably undetectable by the doctor.

I understand and accept that:

1. I have the right to withdraw from or discontinue treatment at any time and that the practice will advise me of any material risks in this regard.
2. The neither the practice of chiropractic or medicine is an exact science and that my care may involve the making of judgments based upon the facts known to the doctor during the course of my care.
3. That it is not reasonable to expect the doctor to be able to anticipate complications or an undesirable result does not necessarily indicate an error in judgment or treatment.
4. The practice does not guarantee as to results with respect any course of care or treatment.
5. My care and treatment may be recorded for the purposes of marketing and social media.

I understand this consent and have asked any questions pertaining to the consent and understand to my satisfaction the care and treatment I may receive. My signature below acknowledges my consent to the examination, evaluation and proposed course of care and treatment by the practice.

Name

Email Address

Address

City

State

Zip Code

Phone Number

SIGNATURE _____

DATE _____